

Helpful Hints for Writing “My Story”

- Start with writing one word or one phrase
 - Sit back, think about what you wrote, and write whatever comes to your mind.
- Get a photograph of yourself at the age you are writing about
 - Write about what you imagine you were feeling at that time.
 - Look at your face and write about what you see.
- Just write about whatever you are thinking or feeling.
- Write from your parents or another person’s perspective about that time in your lives.
- Set a specific amount of time to write each day. Quit writing when the time is up.